

Central Kitchen Caterers

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Monday

Chicken Vindaloo, white rice with Flat bread
Minute steak with oyster sauce, baby rosemary potatoes and sambals
Deep fried calamari salad with tartare sauce
Roast chicken, veg of the day with sambals

Tuesday

Traditional baboetie with yellow rice and raisins
Sweet chutney chicken with potato wedges and green salad
Grilled Hake with seasonal vegetables and green salad
Roast chicken, veg of the day and green salad

Wednesday

Chicken noodle soup served with fresh ciabatta bread
Tender sirloin steak with cauliflower mash and beetroot salad
Creamy mushroom and garlic Fettuccini served with sambals
Lemon and herb roast chicken, veg of the day, and beetroot salad

Thursday

Chicken liver taglatelli pasta with coleslaw salad
Sweet and sour pork stir fry with julienne vegetables and basmati rice
Traditional English Battered hake and chips with coleslaw
Peri peri chicken, veg of the day and coleslaw

Friday

Beef cheese burger with green salad
Fried halloumi and poached pear salad
Seafood lasagna with green salad
Roast chicken, veg of the day with green salad