

Central Kitchen Caterers

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Monday

Balsamic chicken drumsticks with parmesan crusted baby potatoes
Beef strip, grated cheese and humus burrito with sambal salad
Peppered shrimp Al fredo with penne pasta
Roast chicken, veg of the day with green salad

Tuesday

Meatball sub with grated parmesan and Bella tomatoes with green salad
Caprese chicken pasta with a lime vinaigrette
Grilled Hake with yellow rice and lemon butter sauce
Roast chicken, veg of the day and green salad

Wednesday

Spinach and feta stuffed and crumbed chicken breast and seasonal roast veggies
Slow cooked short rib stew with savory rice
Homemade fish cakes with green salad
Lemon and herb roast chicken, veg of the day, and sambals

Thursday

Diced back bacon and baby potato salad with mayonnaise fresh dill and peppadews
Sliced boerewors and marinara sauce served with spaghetti and green salad
Baked hake fillets topped with tomatoes, onion and fresh lemon juice with baby garlic potatoes.
Peri peri chicken, veg of the day and creamy broccoli salad

Friday

Whole cheese griller sausage with chips
Spicy honey glazed chicken breast with pineapple and cous cous
Grilled hake skewers with roasted butternut and green salad
Roast chicken, veg of the day with beetroot salad