

Central Kitchen Caterers

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Monday

Chicken casserole with basmati rice and green salad
Sheppard's pie and green salad
Tuna and sliced boiled egg salad with bean sprouts
Roast chicken, veg of the day with green salad

Tuesday

Chicken schnitzel with rosemary baby potatoes, cocktail onions and carrot and pineapple salad
BBQ beef pitas with humus and grated cabbage
Pickled fish with grilled vegetables and carrot and pineapple salad
Roast chicken, veg of the day and green salad

Wednesday

Peppered beef strip salad
Honey roasted chicken wings, spicy potato wedges and beetroot salad
Cajun grilled calamari with savory rice and beetroot salad
Lemon and herb roast chicken, veg of the day, and sambals

Thursday

Crumbed pork strips with yellow rice and drizzled with sweet and sour sauce with sambals
Soya infused beef strips with egg noodles, julienne vegetables and a thai chilli dressing
Tuna casserole with sambals
Peri peri chicken, veg of the day and creamy broccoli salad

Friday

Foot long Russian roll with green salad
Kentucky fried chicken with chips and green salad
Grilled hake, stir fry vegetables and green salad
Roast chicken, veg of the day with beetroot salad