

Central Kitchen Caterers

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Spit Braai Menu 1 De-boned Legs

From the Spit – choose three

Karoo lamb legs –marinated in rosemary and sage

Spicy baby chicken mild peri-peri flavor

Buttocks of beef-in Delicious barbeque marinade

Leg of Pork

Selection of Salads-choose three of the following

Baby Potato salad dressed in a coriander infused olive oil vinaigrette

Mediterranean Salad – Olives and pineapple

Greek salad – Feta and olives

Pickled Beetroot salad

Cape curry three bean salad

German coleslaw

Cabbage and cucumber salad

Grated Carrot and pineapple salad

Pasta salad

From the hotpots-choose three of the following

Pap and sauce- South African pap with tomato and onion gravy

Potato bake-slices of potato in a cream cheese and onion topping

Baby potatoes and sautéed cocktail onions- in a rosemary and garlic infused sauce

Creamy spinach

Roast Butternut

Seasonal Roast Vegetables with sautéed onions and thyme

Cauliflower and broccoli bake with a cheesy white sauce

Savory rice

Selection of cocktail rolls and butter